



722 Market Street
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合気道

SEMINAR

Old City Aikido Presents



Joel Posluns

6th Dan Shihan

North Vancouver Aikikai

Joel Posluns, 6th Dan started Aikido in 1973 in Toronto. He founded San Francisco Aikikai in 1992 under the technical direction of both Yoshimitsu Yamada and Mitsunari Kanai Shihan (both were from the last group of uchideshi to O-Sensei, the founder of Aikido) and has practiced for more than 43 years. He opened the North Vancouver Aikikai in 2003.

With special guests



Irvin Faust

7th Dan Shihan

Albany Aikikai

Irvin Faust Shihan has been practicing Aikido for more than 40 years. He is the Chief Instructor of the Albany Aikikai.

AND

Lauren Mallas

5th Dan Fuku-shidoin,

San Francisco Aikikai

SCHEDULE

FRIDAY - 06.08.18

6-730p.m. - Joel Posluns Shihan-Taijutsu

SATURDAY - 06.09.18

9 - 10:15a.m. - Irv Faust Shihan, Taijutsu

10:30a.m. - 12p.m. - Joel Posluns Shihan, Taijutsu

12 - 2p.m. - Lunch and rest break

2 - 3:15p.m. - Joel Posluns Shihan, Tai-Jutsu

3:30 - 5p.m. - Joel Posluns Shihan, Buki-waza

6-8p.m. - Potluck at OCA Dojo, all invited

SUNDAY - 06.10.18

9-10:15a.m. - Lauren Mallas Fuku-Shidoin, Taijutsu

10:30-11:45a.m. - Joel Posluns Shihan, Taijutsu

FEES

ENTIRE SEMINAR (3 days)

\$115 - Advance payment

\$125 - Paid at the door

FRIDAY ONLY

\$25 - Advance payment

\$35 - Paid at the door

SATURDAY ONLY

\$80 - Advance payment

\$90 - Paid at the door

SUNDAY ONLY

\$35 - Advance payment

\$45 - Paid at the door

Questions: Please contact OCA via our web page, www.oldcityaikido.com. Click on the CONTACT US button on the top right.

Payment: Please send a check to the dojo made payable to Old City Aikido or use our BOOK ONLINE tab on the website at www.oldcityaikido.com.

06.08.18 - 06.10.18