

# San Francisco Aikikai

## Winter Seminar, January 25-27, 2019

With

**Y. Yamada**, 8<sup>th</sup> Dan, Shihan, New York Aikikai

**P. Bernath**, 7<sup>th</sup> Dan, Shihan, Florida Aikikai

**J. Posluns**, 6<sup>th</sup> Dan, Shihan, N. Vancouver Aikikai

### Seminar Schedule:

#### **Friday January 25**

6-7 pm P. Bernath

7:15-8:15 pm J. Posluns

#### **Saturday January 26**

10:00-11:00 am Y. Yamada

11:15-12:15 am P. Bernath

12:30 Dan Tests

3:00-4:00 pm P. Bernath

4:15-5:15 pm J. Posluns

6:30 pm Reception @ dojo

#### **Sunday January 27**

10-11 am Y. Yamada

11:15-12:15 am P. Bernath

(All classes subject to change)

### Seminar Fees:

Full Seminar \$185

Friday \$65

Saturday \$130

Saturday AM \$75

Saturday PM \$65

Sunday \$75



**Aikido practitioners of all levels and affiliations are welcome to attend.**



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